Kamikochi has a relatively high number of fine days except for the early season through to mid-July. However, the mountain weather changes rapidly, and showers and thunderstorms are prone to occur especially in the afternoons in summer.

Accumulated Snow
Snow accumulation over the winter on the walking trail to Takakura is 1 to 1.5 m on average. Some areas may remain snow-covered in March until early May depending on locations and the weather that year.

Clothing
Short Stay
Wear suitable walking shoes such as sneakers because many of the walking trails are unpaved. Wear clothes that you don’t mind getting dirty because you may be active, sitting down on the riverside or walking for a long time.

Long Stay
During your stay in Kamikochi, layered clothing is recommended for managing body temperature because the temperatures differ greatly between daytime and nighttime. Separate-spec railcars (preferably waterproof/moisture-permeable fabric) which you can also use as a windbreaker would be worthy of preparing in the area.

FAQ
Bank/ATM
There are no banks or ATMs in Kamikochi.

Convenience Stores
There are some within Kamikochi but most supplies can be bought at stores around the Bus Terminal or in the hotel/lodges.

Credit card
Most places accept the major cards.

Lost and found
Please contact the police station in the information center 390-390-030. It is preferable to inquire at the check-in or accommodation facility.

Accommodations

Kamikochi Matsumoto, Nagano

Kamikochi (meaning roughly “where the gods descended”) is the prime attraction of the Chubu Sangaku National Park and an ideal starting point for many alpine adventures. The park’s highlights include spectacular alpine scenery, a hot spring, petrified forests, and the Azusa River, whose source waters flow from the very heart of the mountains.

The central area is located about 1.500 above sea level, and surrounded by mountain peaks reaching an additional 1.500 m and beyond. There are a variety of exciting options for hikers of all levels and the majestic mountains can be admired from afar or up close!